

E-911

(Continued from Page One)

One of the main objectives of Chairman Webb's is to establish contact with various mapping services.

Probably the largest task facing the board is to compile an accurate address, street or rural road, for every telephone user within Coffee County.

A mapping service will be contracted to accomplish this job. This has to be done in order to provide emergency personnel responding to a call for assistance with proper information in locating the emergency.

At the next meeting of the board, mayors from Elba, Enterprise, Kinston and New Brockton will be invited to attend. Tentatively, the meeting is scheduled for October 21, 1996.

DHR

(Continued from Page One)

It is unlikely that the food stamp program will be affected under the new reform package. The federal government will continue to administer that program.

Biddle states that at this point very little is known exactly how everything will work under the new program; however, she does know that it will take a lot of work.

"It will certainly be a challenge to an already understaffed agency locally," said Biddle.

She was quick to add that although the present workers are few in number they are high on quality and the task will be handled.

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Citizens of Elba,

As a lifelong resident of Elba, I have some ideas about some things that I would like to see implemented during the next four years as your mayor.

- One of my first actions will be to work in harmony with City Council members to discuss key city appointments and reach mutual agreement before naming department heads.
- I would like to see our city settled down, with each department operating smoothly, and with progressive fiscal planning and management as our goal in order to provide good service for all of our citizens.
- I have previously mentioned my concerns about cleaning up the city, upgrading recreation, expanding and improving the quality of all city services, and there are still many other projects I feel are very important to our town.

- I want to work with the Chamber of Commerce, Industrial Board, and other civic organizations to recruit industry and retail businesses. We should make available all city resources to these organizations to attract such establishments.
- I will be aggressive in obtaining state and federal grants for our city. We will need the resources from these grants and I will do all I can to see that we receive them.

One of our most precious freedoms is the freedom to vote for the candidate of our choice. During the past few weeks, I have met most of you as I have gone from door to door soliciting your vote for the Mayor of Elba. I appreciate the many kindnesses extended to me in this race. I realize that I have been unable to see all of the citizens, so if I have missed you, please let me take this opportunity to ask for your vote and support on August 27. I want to be a positive voice for all the citizens of our great city. Remember to go to the polls on August 27 and vote for James Grimes as Mayor.

REMEMBER -

My Real Interest is in Making Elba Shine!

James Grimes

Candidate for Mayor

Pd. Pol. Adv. by James Grimes, P.O. Box 551, Elba, AL 36323

JOBS Class strives to help welcome clients become independent

Self-sufficiency and independence are the goals of the Job Opportunity and Basic Skills Program (JOBS) at the Coffee County Department of Human Resources.

With welfare reform and lifetime limits for the receipt of benefits on the horizon, the importance of the JOBS Program is becoming ever present. Able-bodied Aid to Families with Dependent Children (AFDC) recipients must work and the JOBS Program is doing all it can to make sure they have the right job hunting and job keeping skills.

Although job readiness activities have always been available, the effort is more intense now. Participants are being told repeatedly that their AFDC benefits and possibly even food stamps may end at some point in the not too distant future, thus making the need for job skills training and job hunting skills even more important.

Enterprise State Junior College has conducted numerous job readiness classes in the past, leading to employment for several clients. Now, JOBS Program Coordinator/Case Manager Jan Murray is also conducting job readiness classes so that more clients can participate and be moved from welfare to work even faster.

The Job Readiness Class focuses on self-esteem building, workplace ethics, policies, procedures, attitude, appearance, job application completion, resume writing, job search skills, and following up with prospective employers after submitting an application/resume and/or having an interview.

A recent graduate of the DHR Job Readiness Class left with much more confidence than when she began.

"When I first came, I thought it was going to be boring. I thought it was going to be boring," said Shandra Blackmon. "But, when I started finding out things about myself, like skills I didn't know I had, I started enjoying it. I think more people out there, male and female, if they have



JOBS READINESS GRADUATE. The Coffee County Department of Human Resources JOB Program recently completed a Job Readiness Class. Shandra Blackmon, left, graduated and was presented a certificate and a free dinner for two, courtesy of Po Folks Restaurant in Enterprise. Jan Murray, right, JOBS Program Coordinator, was the instructor for the class.

a low self-esteem, (the class) can boost it. I would tell anyone if you are on welfare and you want to get off because you can barely get by... the JOBS class is a start and the best step you can take.

Miss Blackmon was fortunate to successfully complete the class and closed out her experience with a job interview with Dura-Cast, Inc. The company, which manufactures various miniature metal parts, and Personnel Manager, Mrs. Laura Batchelor, has actively played a part in teaching past and present job readiness participants about workplace ethics as well as providing an opportunity for each student to complete a real job interview. A complete evaluation is done for each interviewee and returned to the JOBS case manager so that any weaknesses can be addressed and hopefully solved.

How to keep cast iron cookware seasoned well

By Angela Hughes, County Agent

Understanding grain terms on bread wrappers

By Angela Hughes, County Agent

When buying a loaf of bread, do you take time to read the nutrition label on the wrapper? Better yet, do you know what the different grain terms on bread wrappers mean?

Wheat is a synonym for white bread flour. "Stone ground wheat," "natural wheat," and "whole-grain goodness" are terms that may suggest to consumers a loaf has been made with whole-grain flour. However, that isn't necessarily the case. "Whole wheat" are the only words that mean for certain the wheat is whole.

Unbleached or unbromated signifies the product hasn't been treated with various agents that lighten the color of the flour and/or improve baking quality.

Enriched means thiamin, riboflavin, niacin, and iron have been added to flour that has been refined.

Old bran or oatmeal bread is wheat bread to which a little oat bran or oatmeal has been added.

Degenerated cornmeal consists of corn grains minus the fiber-rich bran and nutrient-rich germ.

Wheat bran is sometimes put back into flour from which the bran has been removed in order to boost fiber content.

Need Some Copies Made? We can make them for you.

The Elba Clipper
417 Buford St. Elba 897-2823



Being Re-elected Assures Dedication
RE-ELECT
Bradley S. (Brad) Wilson
District 5 Council Member

In October, I will have been enrolled for three years in a course of study probably not offered in any college. The name of this course would be: "Small Town Politics".

Not a trip to the grocery store, hardware, or ballfield was complete without several minutes spent discussing Elba politics.

If graded on the course at this time, I would probably receive an "incomplete" - not due to lack of attendance or participation; but rather due to the fact that the bell rang before the class was over! My desire is not to drop this course, but to continue until accomplishments can be made for our town.

It has been said that if you are not a part of the solution, then you are a part of the problem. A solution for many of Elba's problems would be more community involvement.

Please, not only consider me for re-election, but become involved in your town's betterment. Attend council meetings held at City Hall on the 2nd and 4th Monday nights at 6:15 p.m. each month and support your local government. Voter involvement is vital to the successful growth of our community.

Pd. Pol. Adv. by Bradley S. (Brad) Wilson, 2601 Hickman Ave., Elba, AL 36323

Tips on keeping school lunches safe

By Angela Hughes, County Agent

As children return to school, many will be taking their lunches from home. If you or your child will be making school lunches, follow these steps to help ensure the food stays safe to eat.

Sandwiches and other typical brown bag components must be kept at the correct temperatures to prevent possible illness-causing bacteria from growing. Sandwiches with items such as meats, cheese, or mayonnaise can stay out of refrigeration about two hours and still be safe to eat. After that time, bacteria may have grown to dangerous levels and the food may not be safe to eat. Hot foods in a thermos must remain at or above 140 degrees Fahrenheit to remain safe.

To keep food at correct temperatures, follow these guidelines. First, put a frozen gel pack or a frozen juice box in the brown bag or lunch box. This will help keep perishable foods safe until lunchtime. Make sandwiches ahead of time and refrigerate so they are cold and at the correct temperature when you put them in your child's lunch box.

If you are using a wide-mouthed vacuum bottle to send either hot or cold foods with your child, prepare the bottle before filling with food. To keep hot foods at the correct temperature, just before filling, fill the bottle with boiling water and let it stand a minute or two. Make sure whatever you add is hot also.

If you're packing cold foods in a vacuum bottle, fill the bottle with cold water or ice and let stand. Empty the bottle before filling with food.

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The Elba Clipper

VOLUME 100, NUMBER 12

50 CENTS

ELBA, ALABAMA, THURSDAY, AUGUST 29, 1996

1 SECTION, 12 PAGES PLUS 2 ADV. INSERTS

MORGAN BRITT LEE WINS MAYOR'S RACE IN NEW BROCKTON WITHOUT RUN-OFF

James Grimes and Ricky Haywood in run-off for Mayor of Elba

By Marvin McLwain, Editor

The voter turn-out in Elba's municipal election was heavy Tuesday. There were 1650 votes cast in the mayor's race which is 61% of the registered voters in Elba.

DISTRICT 1

Wenzell Gray 144

Gladys Yelverton (incumbent)..... 139

DISTRICT 2

Wayne Haywood..... 71

John Sharpless (incumbent)..... 37

DISTRICT 3

Harold Bannin..... 154

Earl McCollough (incumbent)..... 136

DISTRICT 5

Ronnie Hammond..... 230

Brad Wilson (incumbent)..... 214

The councilman in District 4, Ben Carpenter, was unopposed.

Voters will return to the polls on Tuesday, September 17, to determine who will be the Mayor of Elba for the next four years.

In the neighboring town of New Brockton, the mayor's race was decided from a field of four candidates without a run-off.

The incumbent, Kathryn S. Holley, was defeated by Morgan Britt Lee.

There were 312 votes cast in the mayor's race. This represents approximately 51% of the registered voters (609) in the Town of New Brockton.

The overall results of the municipal election in New Brockton were as follows:

MAYOR

Morgan Britt Lee..... 172

James E. Driskel..... 76

Kathryn Holley..... 54

Dovall Jones..... 10

COUNCIL PLACE 1

Rodger M. Harrison..... 60

Douglas H. Smith..... 31

COUNCIL PLACE 3

Linda F. Gilbert..... 27

There will be three new faces on the Elba City Council. The results by district are as follows:

James Grimes and Ricky Haywood were the two top vote getters in a field of six candidates for mayor.

THE VOTES IN THE MAYOR'S RACE WERE AS FOLLOWS:

James Grimes..... 535

Ricky Haywood (incumbent)..... 342

Ronny Jirright..... 286

M. J. "Jack" Parker..... 274

Donna Morrow..... 165

J. Larry "Popcorn" Gilbert..... 49

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BRAINSTORMS

With Ferrin Cox

The multi-thousand dollar fire in Troy last week which destroyed the offices of a construction company was set by three young kids, according to police reports. When we say kids, we mean 10, 12 and 13 year old kids! If that isn't shocking enough, there are reportedly a whole bunch of things these youngsters have done, including driving off in a stolen car, breaking into other cars, homes and causing damage to buildings at the college. If this report is even half true, someone needs to put a bridle on those young 'uns ... and fast.

In Andros, PA road workers for a private contractor paved over a dead deer! An official spokesman said, "It was carelessless ... That ain't right ... it was sortness. Riding down a paved road dodging potholes, a person can wonder if an attentive worker doing the job he or she was hired to do would have done this right in the first place and prevented some of the potholes.

If you have an extra \$6 million lying around to spend you can either buy one of several islands off the coast of Scotland or Ronald Reagan's Rancho del Cielo, the 688 acre California ranch in the Santa Ynez Mountains, which also served as the Western White House during the Reagan White House years. The latter has a man-made lake (pond in South Alabama), corals and guest house. Just give Nancy a call if you are interested and can do a little remodeling in the five room main house which happens to be about a hundred years old.

Goals 2000 is a new federally funded program being touted as the answer to improve technology in Alabama schools. Eagle Forum, etc. are fighting the acceptance of this money because "it will mean federal government control of the schools." That argument might get a lot more attention if Alabama schools didn't already get bundles of federal funds and the accompanying control (or guidelines on how to best spend it). Money and inspiration from some source are definitely needed to bring Alabama students galloping back into the forefront of wherever the working world is headed. Goals 2000 can be both the money and the inspiration if properly applied.

While on the subject of schools, Alabama folks better get ready for more pressure. The U. S. Department of Education expects enrollment in Alabama schools to increase by over 12% in the next ten years. This is the kids of the much heralded baby boomers who are now hitting the schoolhouse. Only three states, Delaware, California and Washington, are predicted to have a large increase in enrollment. Georgia should increase by 8.5%, Tennessee and Florida are predicted to grow by 4.4%, and Mississippi is one of 18 states expected to have a decrease in school age children by 2006.

The first rounds of the Alabama municipal elections will be over by the time readers get this newspaper. While it would be great to spit out with a lot of predictions on winners and nonwinners, you would only be reading guesses and would already know the real facts. Reasons for why elections in Elba went the way they did are also itching to be written. However, we fall back to the advice of remaining quiet and being thought a fool, rather than opening the mouth and removing all doubt!

NOTE! As this is being finished up on Tuesday afternoon, the voting in Elba is heavy. This is very encouraging in this corner, because of a strong belief in the democratic process as it is practiced in the U. S. A. ... where this city, state and country can and will prosper from the collective wisdom of the whole. Thanks friends and neighbors.

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Outside Alabama - \$18.00 Per Year - 6 Months - \$10.00

ELBA POLICE REPORT

AUGUST 20 Thru AUGUST 26, 1996

The Elba Police Department, beginning Tuesday, August 20, 1996, investigated the following incidents: one DUI, two disorderly conducts, two resisting arrests, two criminal mischiefs, one public intoxication, two harassments, one criminal possession of a forged instrument, two thefts of property, one reckless endangerment, one burglary.

The following arrests were made during the week: two for harassment, one for theft of property, one for disorderly conduct, one for resisting arrest, and one for contempt of court.

No traffic citations were issued during the week.
Daily activity highlights were as follows:
TUESDAY, AUGUST 20 - River stage - 2.75 feet (6:10 a.m.); Alarm at Elba General Hospital (10:05 p.m.); Alarm at a residence on Cherokee Lane (4:42 p.m.); Fight reported on Smith Ave. (8:18 p.m.).

WEDNESDAY, AUGUST 21 - River stage - 2.67 feet (6:17 a.m.); Rescue run to Mullins Apts. (2:08 p.m.); Rescue run from Elba General Hospital to Southeast Medical Center in Dothan (4:29 p.m.); Rescue run to a residence on Yelverton St. (8:57 p.m.).

THURSDAY, AUGUST 22 - Rescue run to Mullins Apts. (2:01 a.m.); River stage - 2.60 feet (6:19 a.m.); Rescue run to a residence on East Davis St. (10:05 a.m.); Rescue run to a residence on Plant Ave. (4:10 p.m.); Rescue run to a residence on Taylor Mill Road (4:20 p.m.); Disturbance (fight) reported at Powell's Trailer Court (9:15 p.m.).

FRIDAY, AUGUST 23 - River stage - 2.54 feet (6:30 a.m.); Burglary reported at the Elba Dairy Queen (8:07 a.m.); Wreck reported on Plant Ave. (12:38 p.m.); Alarm at Elba High School (12:40 p.m.); Grass fire reported on Old Samson Rd. (1:41 p.m.).

SATURDAY, AUGUST 24 - River stage - 2.50 feet (6:24 a.m.); Alarm at a residence on Cherokee Lane (12:38 p.m.); Alarm at Elba High School (12:40 p.m.); Grass fire reported on Old Samson Rd. (1:41 p.m.).

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Coffee County
Democratic
Committee to meet

The Coffee County Democratic Committee will meet Thursday, September 12, 6:30 p.m., at Dottie's Restaurant in Enterprise.
The purpose of the meeting will be to form a Democratic Club and a young Coffee County Democratic Club.
All state and local candidates have been invited.
The public is also invited.

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Bulletin Board

S.S. REP - Courtroom, 4th Tues 12:30-1:30. Call FREE 1-800-772-1213
BOATY CLUB - Tuesday @ Noon - First Baptist Church Fellowship Hall
ELBA MINISTRIAL ABRN - Tues, 8:00 a.m. Elba United Methodist Church Fellowship Hall
ELBA CITY COUNCIL - 2nd & 4th Monday - 6:15 p.m. - City Hall
WATER & ELECTRIC - 2nd Mon - 5:15 p.m. - City Hall (after City Council meeting)
COFFEE COUNTY COMMISSION - 2nd & 4th Monday of each month - Community Room in Farm Center Complex @ Troy Brooks
LEONE CLUB - 2nd & 4th Tues - 6:30 p.m. Senior Citizens Center
ELBA CITY SCHOOL BOARD - 1st Thurs - 5:30 p.m. - Supp. Office
AMERICAN LEGION - 1st Thurs - 7:30 p.m. - Legion Hall, Troy Hwy
RESCUE SQUAD - 2nd & 4th Tues - 7:00 p.m. - Rescue Squad Building
MASONIC LODGE 178 - 1st & 3rd Monday of each month - 7 p.m.
BAND BOOSTERS - 1st Mon - 7 p.m. - Band Room @ Elba High School
VETERANS SERVICE OFFICER - Mon-Fri 8-12 noon & 12:30-4:30 New Brodick @ Farm Center Complex 894-2484
COFFEE COUNTY COORDINATORS ABRN - 3rd Sat - 3 p.m. - Club House
COFFEE REPUBLICAN WOMEN 3rd Wednes - 10 a.m. - Club House
AIRPORT AUTHORITY 1st Tuesday - 12 Noon - City Hall Conference Room
AARP Meet every 3rd Tuesday night of the month
CIVIL AIR PATROL Every Monday 7:00 p.m. - Elba Airport General Banger

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FROM THE HOUSE

Congressman
Terry Everett



Wanted: Applicants for U.S. Military Academies

Each year, it is my pleasure to accept applications and recommend appointments to the four United States military academies.

As we approach a new school year, eligible young men and women interested in attending one of the academies should read this carefully.

The U.S. military academies desire a geographical distribution of cadets and midshipmen. This is achieved through the congressional nomination and appointment process, which assigns a certain number of vacancies at each academy to every congressional district.

For instance, the Second Congressional District of Alabama may have up to five people at each academy at the same time. Each year, I go through the nomination process to select candidates for any vacancies which arise.

The process of applying to the military academies most often begins in high school, in the Spring of the junior year or the Fall of the senior year.

At that time, students may contact my congressional office expressing interest in The United States Military Academy at West Point, The United States Naval Academy at Annapolis, the Air Force Academy at Colorado Springs, or the Merchant Marine Academy at Kings Point, N.Y.

Often, many young people have not made a final choice among academies, so they apply simultaneously to all four. (The Coast Guard Academy does not fall under these guidelines, so candidates apply directly to that academy.)

Because of academy rules, I must give priority to residents of the Second Congressional District of Alabama.

SUPPORT YOUR LOCAL SCHOOLS

Dear Friends,



I would like to take this opportunity to express my gratitude to you, the people of Elba, for the support and kindness shown to my family and me throughout this campaign.

I have truly enjoyed meeting and talking with so many of you. My family and I feel that we have made friendships that will stay with us forever.

I appreciate the confidence you have shown in me during the primary election. I ask that you vote for me in the runoff on September 17 and let me show you that I can be a "Mayor" that you will be proud of.

James Grimes

Candidate for Mayor

Pd. Pol. Adv. by James Grimes, P.O. Box 551, Elba, AL 36523

***** ANNOUNCING *****
We will be closed on **Monday, September 2**,
in observance of
the **LABOR DAY HOLIDAY**

We will resume regular banking services on
Tuesday, September 3rd

Have a Safe & Happy Holiday!

SouthTrust Bank
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Pictured above are (front row, l to r) Randall Black, Iro VFD; Stephen McCollough, 5 Star VFD; Senator Dwight Adams; Terry Wilkins, Tri Community VFD; Representative Garreth Moore; (back row, l to r) Glen Glavin, Zion Chapel VFD; Hayward Hughes, Battens Crossroads VFD; James Brown, New Brockton VFD; Lloyd Driggers, Elba VFD; Tim Allen, Goodman VFD; and Rayford Gilmore, Kinston VFD.

Local volunteer fire departments receive state grant checks

On August 6, grant checks for \$1,825.29 were presented to each of the nine volunteer fire departments in Coffee County. Senator Dwight Adams and Representative Garreth Moore were on hand to make the presentations at a meeting held at the Forestry Commission office in New Brockton.

The grant program is funded each year by the legislature, with monies being equally divided among all qualified volunteer fire departments in the state.

To qualify, a department must be certified by the Alabama Forestry Commission and must have an Insurance Service Organization (ISO) rating of "9" or lower. The program is administered by the Alabama Forestry Commission, and grants may be spent on equipment or to cover expenses of the departments.

All departments were commended by both Senator Adams and Representative Moore for the invaluable service they provide to the citizens of Coffee County and both legislators pledged to continue their support of the grant program.

One of our recent projects has been the purchase of the U.S. flags that were placed around the Square on the 4th of July. Percy Dyess, Herby McCall, Charlie Johnson, James Richards, Collier Hagler, and Frankie Taylor worked so hard in placing these flags. You will be seeing these in the future of our special holidays.

We are trying to organize a beautification committee to clean up our City. Ralph Crocker, Billy Meek, and the street department have already done so much to improve our streets. I encourage everyone to join in showing our appreciation. Roger and Cherie Shaw of Blackwoods Daylily Gardens have donated daylilies to be planted around town. We trust you will see a difference when Spring comes next year. We were not approved for our grant to restore the old Coffee County Jail, so we are planning a community work-day on October 12 to kick-off this restoration project. We have also decided to have our ninth annual Christmas Festival on November 30 this year and hope we will have better weather. You will be hearing more about these special events.

Again, THANK YOU for all the cooperation, ideas, and suggestions for making our community even better. Sincerely, Barbara Hudson Executive Director

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AREA DEATHS

JOHNNIE JONES

Johnnie Jones, age 85 of the Goodman Community of Coffee County, Alabama, died Friday, August 23, 1996 in an Ozark, AL nursing home.

Mr. Jones had been a Deacon of Goodman Baptist Church for numerous years. He had also served a number of years as Director of the Coffee County Alfa Farmers Federation. Funeral services were held at 2:30 p.m., Sunday, August 25, 1996 from the Goodman Baptist Church with Dr. John Granger and Rev. James Preachers officiating.

Burial followed in the Goodman Cemetery with Seary Funeral Home of Enterprise, AL directing.

Survivors include his wife, Jewel Jones of the Goodman Community; one daughter and son-in-law, Sylvia and Jack Padgett of Elba, AL; two sons, Bobby and Barbara Jones of Birmingham, AL; and Doyce and Callie Jones of the Goodman Community; two sisters, Pearl Jones of the Goodman Community and Lillie Ruth Herrington of the Marvin Chapel Community; four grandsons and one granddaughter-in-law, Brad and Billie Jones, Burns Jones, Jeff Jones, and Kyle Padgett.

BERTHA ODOM

Bertha Odom, age 82 of Elba, Alabama, died Wednesday, August 21, 1996 in a Dothan, AL hospital.

Funeral services were held at 2:00 p.m., Saturday, August 24, 1996 from the Hayes Funeral Home Chapel, with DeRon Sherriff officiating.

Burial followed in the Harmony Cemetery with Hayes Funeral Home directing.

Survivors include two sons, J.W. Odom and G.B. Odom, both of Elba, AL; one brother, Gertha Sims of Opp, AL; three grandchildren; two great grandchildren.

CARD OF THANKS

To the East Montgomery Medical Center and Staff of Level 2 Nursery and Dr. John Woodall, thanks for the attention and care given our baby, Patricia A. Robinson, while a patient in the hospital.

To our relatives and friends in Elba and surrounding areas, thanks for your sympathy, prayers, cards, florals, and telephone calls at the death of Patricia.

To Rev. Coleman Mortuary and Staff, and friends from Elba courthouse, we appreciate your attending the graveside services for our baby.

God bless each of you,
Genia M. Robinson
& Tyrone Kelley

8-29-1tp

NOTE OF THANKS

We would like to express our thanks and appreciation for the prayers, food, flowers, and many acts of kindness shown to us during the loss of our loved one.

THE FAMILY OF D.C. LEE

8-29-1tp

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Michael Ray Flowers

Michael Ray Flowers is three years old

Michael Ray Flowers celebrated his 3rd birthday on Saturday, August 24, 1996. He is the son of David and Linda Flowers.

Grandparents are Annette Reddick Flowers of Elba, AL, Ray and Laveria Flowers of Crawfordville, FL, Barbara Hageman of Lincoln, NE, and Billy Marier of Opp, AL. Great grandparents are Francis Lunsford Reddick, Minnie Pearl Flowers, and Charles and Jackie Marier, all of Elba, AL.

Social & Community Happenings

Fort Rucker Retired Officers Wive's Auxiliary to meet

The Fort Rucker Retired Officers Wive's Auxiliary will hold its first meeting on Tuesday, September 10, 1996 at 10:30 a.m. at the Fort Rucker Officers Club. This will be the membership brunch hosted by the ROWA board members. Membership is open to all wives of retired military officers. Reservations must be made by Friday, September 6, 1996. You may call one of the following numbers to make a reservation: 598-8153, 794-7600, 347-9452, 547-2177, 774-9488.

Parker Reunion schedule for Saturday, August 31st

The descendants of Marion Jackson and Myra Mobley Parker will be holding the Parker Reunion on Saturday, August 31, 1996 at the Community Room of the Coffee County Farm Center in New Brockton, beginning at 10:00 a.m. Bring a covered dish and join in the food and fellowship. Ice and paper products will be furnished. For more information call Sue Parker at 897-2704.

Deadline for Social News is Monday!!!!

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Wilks-Preachers Family Reunion to be held

The Bunk and Willie Wilks-Preachers Family Reunion will be held Sunday, September 1, 1996 at the Samson High School lunchroom, beginning at 10:30 a.m. All friends and family are invited. Please bring a covered dish.

Mary Stephens named to Dean's List at Montevallo

More than 160 University of Montevallo students were named to the Dean's List for the spring semester. To make the Dean's List, a student must earn at least a 3.5 grade point average on a 4.0 scale and be a full-time student at the university. Mary Stephens of Elba, AL was among those named to the Dean's List.

ESJC to present The Gambian National Troupe

The Alabama State University Alumni Association of Coffee County and the African American Club at ESJC will present the Gambian National Dance Troupe of Gambia, West Africa in the ESJC Multipurpose Room on September 21, 1996 at 7:30 p.m. For ticket information please call B.F. Garth, president; Rev. James R. Mullins, Lillie Mae C. Evans, or any other member.



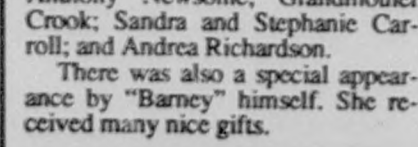
Billy Maurice Driggers

Billy Maurice Driggers celebrated his 3rd birthday on Wednesday, August 14, 1996. He is the son of Billy and Bridget Driggers of Elba, AL. He is the grandson of Ricky and Linda Berry of Elba, AL, and Mary Hevia of Longbeach, CA.

Savannah Ellis celebrates 2nd birthday

Savannah Elizabeth Ellis, daughter of Bobby and Amanda Ellis, celebrated her 2nd birthday with a "Barney" pool party at the YMCA on July 27, 1996.

Helping her celebrate were: Mama and Daddy; Lela, Jeremy, and Marlene Parker; Robert and Bertha Ellis; Joe, Charlene, Dana, and Donna Tharpe; Mickey, Dianna, Ashley, David, and Corie Lamb; Pat Lindsey; Lindsey Foster; Blake Goodson; Becky Hobbs; Lynn, Deanna, and Katie Donaldson; Sheila and Hollie Prescott; Al and Joseph Fleming; Robert, Michelle, April, and Toni Bland; Ricky, Jackie, Cassie, and Anthony Newsome; Grandmother Crook; Sandra and Stephanie Carroll; and Andrea Richardson. There was also a special appearance by "Barney" himself. She received many nice gifts.



Kendall Lavon Chappell

Kendall Lavon Chappell celebrated his 5th birthday on June 14. He is the son of Laveria Chappell and Wendy Hill.

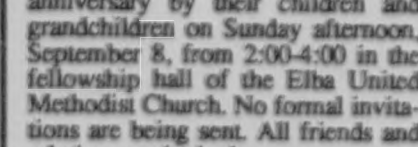
He is the grandson of L.M. and Mavis Burch and Pete and Suzanne Nelson, all of Elba, AL, and Charles and Patsy Boswell of Tulsa, OK.



Mr. & Mrs. Junior Culver

Mr. & Mrs. Culver to be honored on 50th wedding anniversary

Junior and Grace Culver are being honored on their 50th wedding anniversary by their children and grandchildren on Sunday afternoon, September 8, from 2:00-4:00 in the fellowship hall of the Elba United Methodist Church. No formal invitations are being sent. All friends and relatives are invited.



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JODY, DONNA, AND DANA THARPE, CHILDREN of Joe and Charlene Tharpe, and Savannah Ellis, daughter of Bobby and Amanda Ellis, all celebrated their birthdays recently. Savannah's birthday was July 26; Jody's birthday was August 16; and Donna and Dana's birthday was August 25. They all celebrated with a party in Alexander City. They are the grandchildren of Robert and Bertha Ellis of Elba.



DUNCAN ADRIAN HENDERSON

Mr. and Mrs. Greg Henderson of Merritt Island, Florida announce the birth of their son, Duncan Adrian, on May 19, 1996. He weighed 21bs. 7oz. and was 14 inches long.

After 8 weeks of special care and growing, he left the hospital on July 13. As of August 6, Duncan Adrian weighed 6lbs. 5 1/2oz. and was 18 1/2 inches long.

Proud grandparents are Ethel and Comer Ray Henderson of Elba, AL, and Pat Duncan and the late Joe Duncan of Birmingham, AL.

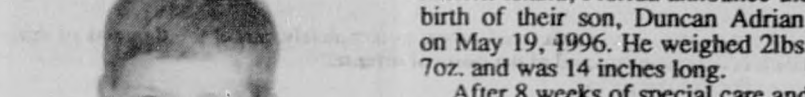


HAYDEN YOUNG TALBOTT

Steven and Gina Talbott of Lake Belton, TX are proud to announce the birth of their son, Hayden Young Talbott. He was born July 18, 1996, weighing 8lbs. 12oz. and was 19" long.

The proud grandparents are Fred and Mary Young of Elba, AL and Chester and Rose Talbott of Lorena, TX.

Steven is stationed at Ft. Hood, TX in the U.S. Army, and Gina teaches 4th grade in Temple, TX.



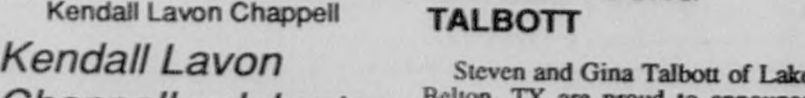
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Overcoming Hurt

Ps. 139:14 "I will praise Thee; for I am fearfully and wonderfully made." The cell, simplest form of life, is more complicated than the most complicated man-made thing. The average number of living cells in a human adult is 60 thousand billion. Each of the 10 billion brain cells is more complicated than a telephone system in a huge metropolis area. The heart is the size of a man's fist, yet daily pumps 2000 gallons of blood through 60,000 miles of blood vessels; not only distributing food, but at the same time gathering waste. The eye is the most intricate camera ever made; the hand, the most versatile instrument on earth. On today's market to construct even a resemblance of the body, would cost in excess of \$6 million. If God designed and created such a marvelous house for the soul to dwell with the Holy Spirit during its stay on earth, it stands to reason, He is very much interested in its functioning properly and being carefully taken care of.

III John 2, "Beloved, I wish above all things that thou mayest prosper and be in health even as thou soul prosper." This verse of scripture indicates to me that prosperity and health are dependent upon the prosperity of your soul. If your soul is sick, it stands to reason that you may not be prosperous or in health. The soul is the secret of your wealth and health. God has blessed man with the wisdom, knowledge, and understanding of the human physical body. For most sickness and diseases, there are cures or remedies. For unknown cures, research is being performed daily in search of such cures. Man can transplant hearts, kidneys, livers, eyes, etc., give artificial hands, legs, etc. But one thing man can't do and that is cure the soul of hurting people.

Yes psychologists and psychiatrists have studied human behavioral patterns, and can even offer good suggestions as to why you behave a certain way. But only God has the cure for the soul.

Hurt is an enemy of the soul. To some, it's an oppressive spirit and to others, it's a possessive spirit sent from Satan himself.

Hurt is simply defined as something that causes pain. It signifies to injure, mar, or damage. Unfortunately, injury or damage to the soul is not easily recognized as bodily injury.

You can readily see bodily injuries when one is cut, bruised, or broken. Also, you can recognize the evidence of pain by an outward appearance of hurt or even an audible sound of moaning and groaning.

The grieving soul is detectable through a spirit of discernment. You may accidentally see one cry, yet you may even not see it. The spirit of God tells you what prescription to write meaning, what words of encouragement, a smile or an expression of love, a gentle touch or hug or a simple "I'm praying for you." These prescriptions may offer temporary relief but not a cure for the grieving soul.

Well what is the cure for a grieving soul? This can't be answered in just one statement.

After prayer and fasting, the Lord gave me these steps for you to follow:

Step One - Honesty
a) Total honesty with oneself. You must acknowledge the hurt as being present in your life. So many times we try to blame our hurt on other things such as I can't do that or I don't feel apt or other excuses as these.

b) Acknowledge the causes of hurt: divorce, broken relationships, verbal abuse, disobedient children, death, etc.

c) You must admit to yourself that as long as hurt is present, my soul is not prospering and God's will is not fulfilled in my life.

d) You must be willing to accept the responsibility of the hurt. Meaning that because of hurt, walls have been built which will not allow healing to enter or hurt to exit; the responsibility of embracing your hurt.

Step Two - Facing the Challenges of the Hurt
a) Allow the memories to re-surface and face the hurt face to face.
b) Ask the Lord to help the pain of your memories. This does not mean that memories will go away, but the pain of the memories will vanish.

c) Praise God for removing the pain of the memories.

Step Three - Reconciliation
Complete reconciliation to God is not possible without a willingness to be reconciled to others as well. Why? Because the scripture says in I John 4:20, "If a man says, I love God, and hateth his brother that is a liar; for he that loveth not his brother who he hath seen, how can he love God whom he hath not seen?" Thus, being unwilling to be reconciled to other people is a sin, which must be confessed, repented of, forgiven and turned from if we are to be reconciled back to God. (Matthew 22:24)

Step Four - Forgiveness
Forgive is to send forth, send away; to completely cancel the thoughts of thine heart. A complete removal of the cause of offense.

a) Forgive the person.
b) Forgive yourself.

Step Five - Restore Lost Trust
As you forgive, little by little, restore trust.

Step Six - Unconditional Love
You must love the individual who caused your hurt in spite of, regardless.

Step Seven - Rededication
Allow your soul to prosper through the reading of God's word, fasting, praying, and most of all praising God for the victory of overcoming hurt.

Step Eight - Answered Prayers
Expect to receive the answers to your unanswered prayers.

5th Saturday conference for O.E.S. to be held at First Baptist Church of Ozark

The 5th Saturday Conference for District #8 (Crenshaw, Coffee, and Dale counties) O.E.S. will be at the First Baptist Church in Ozark, AL, on Saturday, August 31, 1996 at 10:00 a.m. All area members are encouraged to attend.

Annual Missionary Day for the Greater New Zion MB Church of Elba, AL will be held September 1, 1996. Rev. W. L. Peterson is pastor. The visiting choir will render music.

Rev. Floyd Griffin, pastor of First Missionary Baptist Church of Columbia, AL will deliver the sermon.

Rev. Keith Ellison, pastor of Harris Temple COGIC, will deliver the sermon.

Rev. J. R. Parks, pastor, will deliver the sermon.

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NAOMI & THE SEGOS will be in concert at Bethany Baptist Church, New Brockton, AL, on Friday, August 30, 1996 at 7:00 p.m. Everyone is invited to attend. For more information call 894-2344.

Round & About With Eria - 897-2006

Scripture: Hebrews 2:1-18.

Thinking of you, praying for you. The Underwood family, Lou Head, Maggie Head, Maggie Head, Inez Long, Jason Guiley, Cassie B. Reese, Annie M. Daniels, Frances Daniels, Vick E. Lindsey, Grover Belcher, Juanita Rodgers, Ruth Belcher.

Rev. A.R. Williams, Elba, AL, pastor of Rocky Head MB Church, Elba, AL, and Shiloh MB Church of Brundidge, AL, was guest speaker Sunday, August 25, 1996 at St. Mark AME Church of Newton, AL. The Rocky Head MB Church Ensemble was guest choir.

Pastor Appreciation Day Greater Bethel AME Church of Elba, AL will celebrate Pastor Appreciation Day on September 8, 1996 at 3:30 p.m. Rev. Samuel Smith is pastor.

The master of ceremony will be Dr. Nathaniel Smith.

Devotion will be conducted by officers of St. Paul AME (Sconesville), Sylvestine and New Baptist Churches. The choir will render music. Sis. Eva Miller will give the welcome and occasion.

Tribute to Our Pastor: Jeanneva Ordon, Bro. Frank Phillips, Bro. William Patton, and Sis. Susie Johnson. Sis. Roshia Culver will render a solo.

Rev. Floyd Griffin, pastor of First Missionary Baptist Church of Columbia, AL will deliver the sermon.

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Sandra Coffey, County Agent Coordinator

Proper nutrition is vital in maintaining young athletes' strength

Football season is upon us, and our young athletes are really taking a beating with the heat. As parents and coaches, you have a big responsibility in insuring these young people get enough fluid and the right type of foods to strengthen their bodies. If you are the parents of a young athlete, please read this article carefully.

Whether it's playing football, swimming or jogging, athletes need to eat a nutritious, balanced diet to fuel their body. Good nutrition, like any sporting event, has basic ground rules. Following these rules and getting plenty of practice will help athletes feel great and score those winning points.

What diet is best for athletes?
All athletes need a diet that provides enough energy in the form of carbohydrates and fats as well as essential protein, vitamins and minerals. This means a diet containing 55-60% of calories from carbohydrates (10-15% from sugar, and 45-55% from starches), no more than 30% of calories from fat and the remaining (about 10-15%) from protein.

That translates into eating a variety of foods every day - grains, vegetables, fruits, beans, lean meats, and low fat dairy products. The base of the diet should come from carbohydrates in the form of starches and sugars. Fluids, especially water, are also important to the winning combination. Dehydration can stop even the finest athlete from playing his or her best game.

Are carbohydrates important for athletes?
When starches or sugars are eaten, the body changes them all to glucose, the only form of carbohydrate used directly by muscles for energy. Whether carbohydrates are in the form of starches (in vegetables and grains), sucrose (table sugar), fructose (found in fruits and juices) or lactose (milk sugar), carbohydrates are digested and ultimately changed to glucose.

The body uses this glucose in the blood for energy. Most glucose is stored as glycogen in the liver and muscles. During exercise, glycogen is broken down in the muscles and provides energy. Usually there is enough glycogen in muscles to provide fuel for 90-120 minutes of exercise.

Most exercise and sport games do not use up glycogen stores so eating carbohydrates during the activity usually isn't needed. But for some athletes, eating or drinking carbohydrates during exercise helps maintain their blood glucose and energy levels.

Most athletes need not be concerned with "carbohydrate loading," the special technique of eating a lot of carbohydrates everyday. The best way to ensure plenty of energy for exercise is to eat a nutritious, balanced diet that is high in carbohydrates and low in fat with lots of different foods.

Do athletes need extra protein or protein supplements to build muscles?
No. Muscles develop from training and exercise. A certain amount of protein is needed to help build the muscles but a nutritious, balanced diet that includes two or three servings from the meat/bean/egg group (6-7 ounces total) and two to three servings of dairy daily will supply all of the protein that the muscles need.

Extra servings of protein in foods or protein supplements do not assist in muscle development. Unlike carbohydrates, protein cannot be stored in the body and any excess will be burned for energy or stored as body fat.

What should an athlete eat before, during and after exercise?
The most important thing is to concentrate on eating a nutritious, balanced diet every day. This provides plenty of energy to grow and exercise. Here are a few tips about eating before, during and after exercise.

Before
• Have some high carbohydrate foods like bananas, bagels, or fruit juices. These foods are broken down quickly and provide glucose to the muscles.

• The timing of this meal depends on athletes' preference for eating before exercise, but researches have found that eating something from 1 to 4 hours before exercise helps keep plenty of blood glucose available for working muscles.

• A salt critical to drink plenty of cool water before exercise to keep muscles hydrated.

During
• Usually there is no need to worry about replacing carbohydrates unless the exercise lasts over 90 minutes and is hard and continuous. When this happens, drinking a sports drink or other beverage with some sugar in it will add fuel and water to the muscles being exercised.

• Make a homemade sports drink by mixing no more than 4 teaspoons of sugar, 1/4 teaspoon of salt and some flavoring (like teaspoon of lemon juice) in 8 ounces of water.

After
• If the exercise was strenuous and lasted a long time, glycogen stores may need refueling. Consuming foods and beverages high in carbohydrates right after exercise will replenish glycogen stores if they are low after exercising.

• Perspiration and exertion deplete the body of fluids necessary for an optimal performance and lead to dehydration. It is important to drink plenty of cool water, at least a half a cup of water every 20 minutes of exercise. Adding a teaspoon of sugar, a little fruit juice or a small amount of powdered drink mix flavored plain water may encourage fluid intake.

• No matter the intensity of the exercise, it's important to drink plenty of water and eat a nutritious, balanced meal that has lots of carbohydrates, protein, and healthy fats. A teaspoon of sugar, at only 15 calories per teaspoon, adds flavor to these foods and may increase taste appeal.

through cooking time; cool in pan on wire rack. Spoon mixture into snack bags and seal. Store at room temperature. Makes about 8 cups or 16 servings.

Nutritional value (1/2 cup serving): 162 calories, 6g fat, 0.8g saturated fat, 4mg cholesterol, 303mg sodium, 30% calories from fat.

2 cups, low-fat granola; 2 cups mini pretzels; 1/2 cup sesame sticks; broken into halves; 1 cup coarsely chopped dried apricots; 1 cup coarsely chopped dried apples; butter flavored vegetable cooking spray; 1 teaspoon ground cinnamon; 1/4 teaspoon ground nutmeg; 1/4 teaspoon ground ginger; 1 cup finely chopped dates; 1/2 cup apple juice; 3 tablespoons sugar; 2 tablespoons honey.

No-Bake Fruit Bites
2 cups finely ground vanilla wafers; 1/2 cup graham cracker crumbs; 1/2 teaspoon ground nutmeg; 1/4 teaspoon ground ginger; 1 cup finely chopped dates; 1/2 cup finely chopped apricots; 1/2 cup finely chopped apples; 1/2 cup apple juice; 3 tablespoons sugar; 2 tablespoons honey.

Combine ground wafers, graham cracker crumbs and spices in medium bowl; add remaining ingredients except sugar and stir until mixture holds together. Roll mixture into 36 balls, about 1 inch in diameter. Place 4-6 balls and 1 tablespoon sugar in snack bag, close bag and shake to coat with sugar. Repeat with remaining fruit bites and sugar. Seal and store at room temperature or refrigerate. Makes 36 bites. Serving size: 4 fruit bites.

Coffee County's long growing season makes it possible for you to produce all the fresh vegetables needed for nine months each year. If you, like many Coffee County gardeners, use only about half of your growing season for vegetable production, you're missing a good opportunity. Leaving your garden idle under these conditions is to feed a real good quality mineral for horses. This can also be done by using a liquid and hand mixing it in the feed. Many horse owners put the liquid vitamin-mineral supplement in a spray bottle and simply spray the feed down each evening when they feed the horse. Some of the stress that is encountered by horses that are pulled to a lot of shows will be overcome by the fact that they will get more use to it the more shows they go to. However, just by being in contact with a lot of different horses and being handled under many different conditions, extra care should be taken.

Planning your garden to take advantage of the entire growing season requires close attention to correct planting dates. You'll also need to use the right management techniques to handle seeding, transplanting, and weed and insect control.

Some vegetable crops may be planted almost anytime during warm weather and produce fair crops. Others, however, have more specific daylight and temperature requirements. Planted too late, a crop may not mature in the cooler weather of fall. Planted too early in the summer, a crop may fail to set fruit or may go to seed prematurely. For information on recommended planting dates, as well as information on soil management, seed and plants, irrigation, etc., come by our office and pick up a copy of the "Planning Guide for Home Gardening in Alabama", Circular ANR-63.

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Mix crackers, pita chips, nuts, fruit and beef jerky on large jelly roll pan. Spray mixture generously with cooking spray; sprinkle with combined spices and toss to coat. Bake in preheated 350-degree oven for 15 minutes, stirring halfway.

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Stan Windham, County Agent

Considerations in feeding horses for show

Horses that are involved in the show ring or in penning, cutting, or rodeo events have some of the highest nutritive requirements among equine animals. Many times their requirements are the highest but are the most poorly met. There are some considerations that should always be kept in mind when feeding horses for show.

One consideration is that most horses start training very shortly past 12 months of age or earlier. This is comparable to a boy or girl in their teen years or younger doing sweatshop labor. If you are only barely meeting the nutritional requirements and working a young horse hard, you are asking for serious problems down the road. The easiest answer to this problem is moderate the work you give a young horse and make sure that you are feeding a high mixed ration or bag feed along with a mineral to meet their needs.

Another consideration in feeding horses has to do with the fact that show horses are moved on the road from barn to barn, stall to stall, showing ring to show ring, and this is usually done under all sorts of conditions - it may be 100 degrees or 40 degrees.

One thing I have found that helps horses that are being moved around under these conditions is to feed a real good quality mineral for horses. This can also be done by using a liquid and hand mixing it in the feed. Many horse owners put the liquid vitamin-mineral supplement in a spray bottle and simply spray the feed down each evening when they feed the horse. Some of the stress that is encountered by horses that are pulled to a lot of shows will be overcome by the fact that they will get more use to it the more shows they go to. However, just by being in contact with a lot of different horses and being handled under many different conditions, extra care should be taken.

Some rules of thumb in feeding production horses are: feed from 1/2 lb. to 1 lb. of grain and 1 to 1 1/2 lbs. of hay for every 100 pounds of live weight. For example, if a horse weighed 1,000 lbs., he would need to get 10 lbs. of grain at the max and up to 15 lbs. of hay each day. Another good rule of thumb is that horses love salt minerals. They need access to a good salt mineral mixture. This should be provided at all times or you can incorporate minerals into the ration. However, I feel that for performance horses some added vitamins and minerals is certainly a good plan. Another consideration in feeding young horses or performance horses is an available

abundance of fresh clean water. Water is very, very important to the digestive system of a horse. It helps reduce compaction and many other things that can go wrong.

There are many ways to feed a horse. What I am about to describe is certainly not the only way to feed a performance horse, but it is just something to kick around. I am a big believer in providing forage for horses whether or not they are performance. If they have access to grazing, they seem to just do better all around. They certainly need a good, long-stem leafy hay and one way to feed a bagged horse feed and get by

one other consideration is to be very skeptical and cautious of horse products. You will get a lot of advice on feeding your horse, from folks who really don't know what they are talking about. That does not mean that horse owners don't know how to feed a horse. But many times you'll hear of some off-the-wall way to feed a horse and many times these concoctions will be questionable if not downright harmful. You must be careful and know what you are feeding.

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en to make sure their nutritional needs are met. This will greatly help you to battle any possible sickness you might encounter due to stress.

Another consideration in feeding show horses is the fact that show horses are trained very round. There are team penning, pleasure horse classes, English jumping, etc. pretty much the year round. Therefore, you need to settle on a good feed ration that is working for you and your horse and stay with it. You can't feed for a while then back off. If money is a problem then you need to pick a section of the year to show as long as the money holds up and then back off.

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Some rules of thumb in feeding production

Views From

THE PRESSBOX

By Ricky Mulaz, Sports Editor

Back during the summer Melanie, our seven-year-old daughter, would come in from head-to-toe on most nights and we'd have to fight with her to get her in the tub. Well, since school has started she suddenly loves to take a bath and pesters us until one of us gives in and goes with her to help. It is no longer a problem to wash her hair, or even comb her hair after she gets out, and the change is nothing short of amazing. Sometimes I'm not ready to help with the bath and have to drag myself into the bathroom, but at least we've got a clean little girl, and one that loves being clean!

AREA FOOTBALL TEAMS WORKING TOWARD OPENER

The high school football season is just over a week away and that means that area teams are busy at work trying to get ready for their season openers. I don't get a chance to talk with all the coaches every week, but do talk with their fans, and here is what I have learned, or at least heard....

*****ELBA TIGERS** - The Elba Tigers appear solid in most areas. Many believe that Elba will again be the team to beat in its area. The Tigers are inexperienced in the offensive line and it showed last week in a scrimmage, and that is one area the Tigers must improve in a hurry. The Tigers also don't appear to have an outstanding running back, but have several backs that can carry the ball, and will guarantee that a fresh back can be in the game in crucial situations. The defense is the strength of the team, both up front and at linebacker, and may have to carry the load early in the season. It is not a rebuilding year for the Tigers; however, the Tigers do have a few holes to fill.

*****NEW BROCKTON GAMECOCKS** - The New Brockton Gamecocks may very well be the sleeper of the area and could surprise some folks before the season gets along. The Gamecocks failed to win a game in the spring and have listened to everyone write them off as a sure loser in the 2A ranks. While Brockton may be young, the Gamecocks have never been losers and have more than enough talent to win more than their share of games. A lot will depend on how fast the young players grow up against a tough schedule; however, this team is filled with winners, from the coaches to the players, and you can bet that tradition and dedication to carry them a long way. Remember where you heard it!

*****KINSTON BULLDOGS** - The Kinston Bulldogs think that 1996 will be the "Year of the Bulldog" in area 1A circles, and while the Bulldogs should be much improved, high expectations and returning starters don't always guarantee a winning season. Kinston looked very strong on both sides of the ball in the spring and dominated both its opponents in rolling to two easy wins, but that was back in the spring, and will mean nothing when the Bulldogs kick it off next week. Kinston could very well have the best team in its history and pile up the wins; however, the Bulldogs will have to stay focused and remember that games are won on the field and not listen to the arm-chair quarterbacks that are already counting the wins.

*****ZION CHAPEL REBELS** - Call it a hunch, but I think this could be a really fun year for the folks up at Zion Chapel. Last year was supposed to be the year the Rebels made the playoffs and won a lot of games; however, something happened on the way to the field, and those high expectations never materialized. This season the Rebels aren't supposed to be real good in any area, but this hunch knows what it can do and could surprise some folks. If something good happens to the Rebels early in the season, this young band of Rebels could ambush some opposing troops and make the '96 season one to remember.

*****BRANTLEY BULLDOGS** - The Brantley supporters up in Brantley are singing the blues about how this year's team is the youngest ever and will have to play over its head just to post a winning record. True, this year's team is mighty young, by any standards. However, winning football games is a way of life in Brantley and just because the Bulldogs are rebuilding doesn't mean the Bulldog football machine is in shambles. Don't let'em fool ya, the Brantley Bulldogs may not be as good as in years past, but they'll still be plenty good enough to win their share of games.

NOTES IN PASSING....

***As an Alabama fan, I am sick and tired of reading about how Auburn's defense has shined in every scrimmage held. I know that Bill Oliver will make the Auburn defense into one of the best in the nation before long and will help the Tigers regain their spot atop the polls, but it just makes me mad when I think to how the Tide let such a proven winner get away. Oh well, one thing is certain this year up at Alabama, if something goes wrong you won't have to wonder who to blame, his initials are G. S.

SPORTS

As Tigers work toward season opener

Lowery calls Elba scrimmage "just average"

The Elba Tigers put in their first week in full pads last week and Coach David Lowery reported it was "just an average week of practice and not anything to get too excited about."

"It was a pretty good week when you look at the week as a whole and the things we tried to get done," said Coach Lowery. "We had a little contact on Tuesday and then scrimmaged on Friday, and it was simply

an average scrimmage for the first scrimmage of the fall. The first offense and second offense units were on different teams, and both sides moved the ball pretty well, but made far too many turnovers."

Others drawing praise from Lowery included Forrest Hancock (linebacker), Troy Bryan (quarterback) and Derek Marler (quarterback).

"Forrest made six catches from his flanker spot and looked good," added Coach Lowery, "while both Troy and Derek looked good throwing the ball at times."

"After the scrimmage it was obvious that we still have a lot of work to do in the offensive line and in the secondary," said Lowery, in his second year at the Elba helm. "We return only two starters in the line and must find some replacements in a hurry, while in the secondary we have only one returner and will have a new bunch in the backfield."

"This week," stated Lowery, "we do some more hitting and get ready to play a football game against Charles Henderson. We have several positions still open that we need to fill on offense, and it will be important to get those spots filled quickly, and with the best possible players. Our kicking game should be okay with Todd McKee having experience at both punter and place-kicker."

"After two weeks I still don't have a feeling about this team," added Lowery. "We're young as far as game experience goes and haven't had too many games to see how the younger players get mentally ready. Next week will be game week, and by then it will be time to get ready to play Charles Henderson. We have a lot of work left to do, but if the players work hard, and we can get a little more leadership, we should be ready to play when it's time to kick it off."

By veteran Brantley coach Roland Jones

Bulldogs called "my youngest team ever"

The Brantley Bulldogs have two weeks of pre-season practice under their belts and veteran Bulldog coach Roland Jones reports the '96

edition of the Bulldogs is without a doubt "my youngest team ever!" Brantley has a total of 38 players on this year's team, including

players in grades seven through twelve, and has only four seniors on the roster.

"I can sum up this year's team in one word - young," stated Coach Jones. "We only have four seniors on the team and will have to play several eighth and ninth graders just to have enough to fill out the line-up. We had 48 players in the spring, which was our biggest group ever, but some of the older players decided to hang it up, and when we started fall practice it was very obvious we were going to face a major rebuilding year."

"With such a young team we have been spending all of our time teaching technique and working on the very fundamentals of the game," added Jones. "The kids have been working hard and are very enthusiastic about what they are doing, but so far we just haven't been able to really work on any team work. We work on the fundamentals of offense and defense in practice, but are too young to even think about scrimmaging. We have a lot of holes still left to fill and this week will try to make certain we get the right people in the right spots."

"We've got one of the toughest schedules ever," said Coach Jones, "and I know our opponents are looking forward to playing Brantley back. It could happen; however, the players we have are working hard and I believe that by the time we tee it up we'll be a pretty fair little football team."

Junior Tigers open Sept. 5

The Elba Junior High Tigers have been hard at work for two weeks and Coach Frank Phillips reports that while the numbers are down on this year's squad, the talent level is high, and he is expecting a successful season.

"We don't have as many players as we had last season and are even down from the spring," stated Coach Phillips, "but we have a real good bunch of players and believe that we have the nucleus of a good football team. The players have been working hard in hot weather getting ready, and if they will continue to improve and work hard we'll be all right."

The Junior Tigers will play a seven-game schedule this season, and will find several new opponents on the '96 slate.

Tuesday nights in September will be "Recreation Night" at Hardees in Elba

Every Tuesday night during the month of September will be "Recreation Night" at Hardees, of Elba, as the local Hardees franchise will donate twenty-percent of its receipts collected during the event to the Elba Recreation Department.

Volunteers from the Elba Recreation Department will serve as greeters, dining room servers and hosts in assisting Hardees' customers during the event.

The fundraising effort will apply to all Hardees' menu items purchased on Tuesday nights during the month of September.

chased on the special nights from 5:00 p.m. until 8:00 p.m., including hamburgers, fried chicken and special sandwiches. To receive credit, customer receipts must be placed in a special collection box located inside the restaurant.

"Hardees' contacted us concerning the special benefit night," stated Elba Recreation Director Ricky Mulaz, "and it seemed like a fantastic way to raise funds for the department. We can't solicit customers inside the building during the hours of the event, but we hope that every single customer will drop their receipts into the collection box and help the Recreation Department."

All the funds received during the month long benefit will go toward purchasing playground equipment for Hawkins-Williams Park," added Mulaz. "We don't have any playground equipment at Hawkins-Williams, and we are hoping that through this fundraiser we can raise enough money to at least start building a playground for the hundreds of children that visit the park every night during the summer."

I urge everyone to remember that on Tuesday nights during the month of September the Recreation Department will receive twenty-percent of the receipts collected at Hardees," said Mulaz. "If you are going to eat at Hardees on these nights, please make certain that you get the receipts to us!"

Local Hardees' are owned and operated by Flagstar Companies, Inc. Though a wholly-owned subsidiary, Flagstar is the largest franchise of Hardees' restaurants, operating 580 restaurants, primarily in the Southeast.

TRI-COUNTY YOUTH FOOTBALL LEAGUE 1996 SCHEDULE

AUG. 31	KINSTON	HOME
SEPT. 7	NEW BROCKTON	AWAY
SEPT. 14	RED LEVEL	AWAY
SEPT. 21	FLORALA	HOME
SEPT. 28	STRAUGHN	HOME
OCT. 5	BRANTLEY	AWAY
OCT. 12	OPP	HOME
OCT. 19	ZION CHAPEL	HOME
OCT. 26	BRANTLEY	AWAY

Elba teams to kick-off season Aug. 31 in Tri-County League

The Tri-County Youth Football League will kick-off its 1996 season on Saturday night, August 31, and for the first time in many years the league will include ten teams.

The league includes competition for boys in midget, tee-ball and pee-wee levels, with all games played on Saturdays. Three games are played on each night of action, with the opening game set for 5:30 p.m.

Teams in the Tri-County league this season include Opp, Florala, Elba, Kinston, Brantley, New Brockton, Straughn, Red Level, Zion Chapel and Andalusia.

The teams representing Elba all posted winning seasons a year ago, and are expected to once again threaten for the league titles.

All Elba games are played at Miller Memorial Stadium, located in downtown Elba.

NFL Gatorade Punt, Pass and Kick is a football competition that

allows youngsters to showcase their talents in punting, passing and place-kicking with scores based on distance and accuracy. Age divisions are based upon an entrant's age on Dec. 31, 1996.

The top finishers from each of the four age divisions in both boys and girls competition will advance to a Sectional competition, set for Oct. 26, at the Hoover Met, in Birmingham. The winners at the Sectional competition will have their scores compared with other Sectional champions, with the Top 5 overall Sectional champions to advance to the Atlanta Falcons Team

Championship, to be held prior to the Atlanta Falcons game at the Georgia Dome.

The NFL Gatorade Punt, Pass and Kick competition is produced by NFL Properties and sponsored by Gatorade.

Seag's is the official retailer of the four age divisions in both boys and girls competition. The winners at the Sectional competition will have their scores compared with other Sectional champions, with the Top 5 overall Sectional champions to advance to the Atlanta Falcons Team

Tiger Tales



CARLA GRAY
Editor
CHASTITY WILLIAMS
Assistant Editor

Seniors of the Week



by Chastity Williams & Shanta Caldwell
D'Undray Peterson is the son of Willie and Ollie Peterson. He attends the Greater New Zion Missionary Baptist Church of Elba. His hobbies are singing, working out, and running. D'Undray is a member of the following clubs at E.H.S.: Mu Alpha Theta, St. Beta, PCA, and 500 lb club. He plans to have a successful academic and athletic year. He plans to attend college and further his education, after high school.

Monika Henderson is the daughter of Barbara and James Henderson. She attends the Rocky Head Missionary Baptist Church of Elba. Her hobbies are shopping and talking on the phone. She is a member of FBLA and FFA Club at E.H.S. Her goal this year is to graduate from E.H.S. After high school, Monika plans to go to college and further her education.

EHS Holds Mock Election

by Melissa Benbow
On the morning of August 20, the journalism staff held a mock election for city officials. A sample from each grade voted for mayor and city councilmen. Since Ben Carpenter was unopposed, District 4 is not listed. The results are listed below.

Seventh Grade:
Mayor - Larry (Popcorn) Gilbert
District 1 - Winzell Gray
District 2 - Waylon Sharpless
District 3 - Earl McCollough
District 5 - Ronnie Hammonds

Ninth Grade:
Mayor - James Grimes
District 1 - Gladys Yelverton
District 2 - Waylon Sharpless
District 3 - Earl McCollough
District 5 - Brad Wilson

Eleventh Grade:
Mayor - Larry (Popcorn) Gilbert
District 1 - Gladys Yelverton
District 2 - Waylon Sharpless
District 3 - Harold Bannin
District 5 - Ronnie Hammonds

Twelfth Grade:
Mayor - Ronny Jirngth
District 1 - Winzell Gray
District 2 - Waylon Sharpless
District 3 - Earl McCollough
District 5 - Ronnie Hammonds

Overall EHS:
Mayor - James Grimes
District 1 - Gladys Yelverton
District 2 - Waylon Sharpless
District 3 - Earl McCollough
District 5 - Ronnie Hammonds/Brad Wilson

Yearbook Workshop
by Kayron Whitworth & Britany McCall
On June 19, 20, & 21, five of Elba High School's Journalism Staff students attended the Joeten Yearbook Workshop at Auburn University. During these 3 days the students learned how to accurately take photographs, design numerous pages, and complete a yearbook. At the end of the workshop, the staff won an "Excellence in Design" award. The students attending the workshop were D'Undray Peterson, Vipul Patel, Carla Gray, Kayron Whitworth, Britany McCall, and adviser Ricky Carlie.

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Cheerleader Clinic
On September 7, 1996 from 10:00 a.m. - 2:00 p.m., the Elba Varsity Cheerleaders will hold a Cheerleader Clinic for ages 5-12 years old. The clinic will be held in the Elba High School gym. Lunch will be served.
Chastity Williams-Captain
Susan Barnes-Sponsor

Deadline For Socials & Church News is MONDAY!!!

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New Teachers At Elba High



by Carla Gray

Coach English: What influenced you to become a teacher? I wanted to be around people and to make a difference in someone's life. How many years have you been teaching? This is my fourth year teaching. Where did you teach before you came to Elba? I taught at Headland before coming to Elba.

Did you have any fears or drawbacks about starting to teach at a new school? No, I was looking forward to the challenge. How was your first day of school? It was very pleasant. I met a lot of interesting students whom I'm looking forward to getting to know this year. Now that the worst is over (The first week of school) do you think you'll enjoy being part of the great faculty staff here at Elba? Yes, I think I'll enjoy working with such friendly and hard working professionals.

Mrs. Jones-Math: What influenced you to become a teacher? At the time it was a good field for women because there was not much that they could go into.

How many years have you been teaching? This is my sixth year teaching. Where did you teach before you came to Elba? I taught at Florida High School. Did you have any fears or drawbacks about starting to teach at a new school? No, I was looking forward to a change in a new facility. How was your first day of school? It was great, I enjoyed it. Now that the worst is over, (the first week) do you think you will be enjoying being a part of the great faculty staff here at Elba? Yes, everyone's been helpful and very friendly.

Mrs. Norris-Science: What influenced you to become a teacher? My teachers in High School and I wanted to work with kids.

How many years have you been teaching? This is my sixth year teaching. Where did you teach before you came to Elba? I taught in New Brockton. Did you have any fears or drawbacks about starting to teach at a new school? Yes, because I'm always anxious about new situations but I'm coming home. How was your first day of school? It was fine, I like school. I like having three classes instead of six. Now that the worst is over, (the first week) do you think you will be enjoying being a part of the great faculty staff here at Elba? Yes, definitely glad to be home and I hope that I can influence students the way my teachers from Elba influenced me.

Elba City Schools Menus

September 2 - 6, 1996
BREAKFAST
Monday - Holiday
Tuesday - Sausage Biscuit or Cereal, Jelly, Juice, Milk
Wednesday - Cheese Toast or Cereal, Currants, Juice, Milk
Thursday - Eggs w/ Toast or Cereal, Jelly, Juice, Milk
Friday - Cheese Grits or Cereal, Toast w/ Jelly, Juice, Milk
LUNCH
Monday - Holiday
Tuesday - Ham & Cheese Sandwich, Potato Salad, Butter Beans, Chocolate Pudding, Milk
Wednesday - Baked Chicken, Rice, Mixed Vegetables, Pear Half, Bread, Milk
Thursday - Beef Patty w/Gravy, Mashed Potatoes, English Peas, Peach Half, Rolls, Milk
Friday - Lasagna w/Garlic Toast, Green Salad, Orange Half, Milk.

Sr. High Spotlight



by Chastity Williams & Shanta Caldwell
Lance Roubert - Sophomore - is the son of Tim Roubert. He attends the First Baptist Church of Elba. His hobbies are playing football and sleeping in class. The things he likes most about EHS are driver's education with Coach Mims and seeing all his friends.

Lauren Cropper - Sophomore - is the daughter of Dale and Nancy Cropper. She attends the First Baptist Church of Elba. Her hobbies are cheerleading, reading, and being with her friends. She is a member of the following clubs: FBLA, Chi Alpha Mu, Beta Club, FFA, FFA, and Girl Scout Troop #100. The school spirit among the students as well as faculty are the things she likes most about EHS.

Julian Mitchell - Junior - is the son of Pamela Mitchell. He attends Oak Grove Baptist Church of Elba. His hobbies are football, basketball, coin collecting, and tennis. He is a member of FBLA, FFA, FFA, and Mu Alpha Theta. The things he likes best about EHS is the Football Program.

Jarrod Smalley - Senior - is the son of Joyce and Marion Jones. He attends the Greater Bethel A.M.E. Church of Elba. His hobbies are playing sports such as football, basketball, and baseball. He is a member of VICA club. The things Jarrod likes most about EHS are the football teams, school staff and girls.

Mr. Stokes' Message to the People



I want to thank the journalism staff for the invitation to share a few informal thoughts with you. I am very excited about our new school year. This sense that this excitement is shared by many EHS students and faculty. I believe this shared sense of optimism and belief that good things are in store for our students is the way each school year should begin. The mountains we must climb, the valleys we must cross and the obstacles we face must be met with enthusiasm and energy. Elba High students have been meeting the challenges and finding success in school and life for many, many years and I am convinced that you will continue to do so. I want to thank the parents of EHS students and the business and church community for your support. This school is dedicated to the children, present and future, of this community and the support of the community is vital to the success of our school. This means the investment of money and time by business people, boosters, parents and civic leaders is essential as well as the prayers and interest of our spiritual leaders. The engines we sit in, all systems are go, and takeoff is underway for the '96 - '97 school year and I for one expect a successful flight.

Jr. High Spotlight



by Chastity Williams & Shanta Caldwell

Emily Benbow - Freshman - is the daughter of Jeff and Gena Benbow. She attends the First Baptist Church of Elba. Her hobbies are cheerleading, reading, talking on the phone, sleeping, and playing volleyball with the EHS Lady Tigers. Emily is a member of the following clubs: FFA, FFA, Jr. Beta, SADD, FBLA and SGA. Jimbo Cook - Eighth Grader - is the son of Jim and Lynn Cook. He attends the United Methodist Church of Elba. His hobbies are playing sports such as basketball, baseball, football, and golf. He is a member of Jr. Beta and SGA. The things he likes most about EHS are his new classes and the new black schedule.

John Waters - Seventh Grader - is the son of Mary Waters. He attends Shady Grove A.M.E. Church of Elba. His hobby is playing football. The thing he likes most about EHS is playing football for the Elba Tigers.

Aubretta Williams - Seventh Grader - is the daughter of Aubrey and Beattie Williams. She attends the Rocky Head Missionary Baptist Church of Elba. Her hobbies are playing sports such as basketball, baseball, football, and golf. She is a member of Jr. Beta and SGA. The things she likes most about EHS are the football teams, school staff and girls.

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CITIZENS OF DISTRICT I

Thank you for your support during my tenure on the Elba City Council as your Representative.

Congratulations and best wishes to Mr. Winzell Gray as he begins the task of representing us the Citizens of District I

Pd Pol. Adv. By Gladys Hurt Yelverton, 980 Carver Dr., Elba, AL 36323

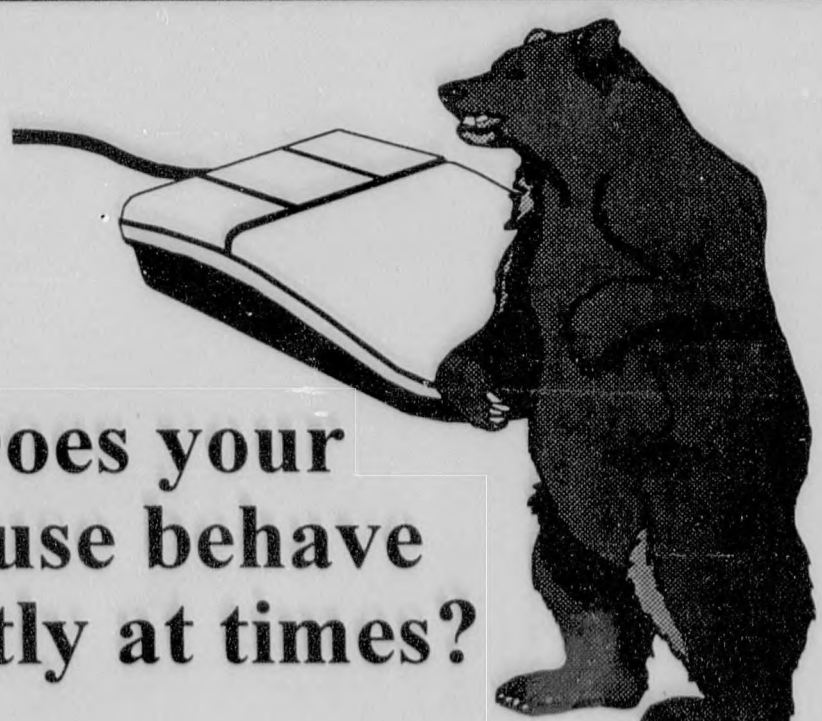
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LTC Paul L. English, Jr. assumes command of 795th Military Police Battalion

During a change of command ceremony at Ft. McClelland, AL, Col. Larry A. Sparks, Commander, Training Brigade, presented the colors of the 795th Military Police Battalion to LTC Paul L. English, Jr. who will

command the unit for the next two years. The mission of the 795th MP Bn is to provide initial entry training to produce disciplined, fit soldiers qualified to perform their basic combat and military skills on the battle-

Blood Pressure & Blood Sugar Screening to be offered at Shepherd's Fold

The Home Health Care of Flowers Hospital will be at the Shepherd's Fold Church of God on Monday, September 9 at 10:00 a.m. to offer free blood pressure and blood sugar screening for all senior citizens. On Monday, September 16 they will be at the church to offer blood pressure and blood cholesterol screening. This will be held in the fellowship hall. Pastor Lamar Dean invites all senior citizens to come by and take advantage of these free services being provided by Flowers Hospital with Mrs. Judy Barlett.

Special seminar to be offered to healthcare workers at ESJC

Diversified Nursing Services and Enterprise State Junior College will present a special seminar for healthcare workers entitled Medication Update. Persons interested in learning how to calculate drug dosages accurately, identify common actions of drugs, discuss legal implications of drug therapy, identify "newer" drugs which are on the clinical scene, identify nursing intervention strategies in drug administration and develop a medication discharge teaching plan for a patient. Nurses will receive 7.2 contact hours of continuing education credit in cooperation with Diversified Nursing Services, which is an organization approved by the Alabama Board of Nursing as a provider of continuing education. The seminar will be held on Friday, October 4, 7:30 a.m. until 4:00 p.m. There is a \$50.00 fee for this seminar, and the registration deadline is September 27. For more information and a copy of the course objectives, call 334-393-ESJC, ext. 234.

Gospel Singing planned At Faith Christian Center

There will be a gospel singing at Faith Christian Center, 836 Troy Hwy., Elba, AL on Friday, September 6, 1996 at 7:00 p.m. The featured group will be the Good News Quartet of Opp, AL. Everyone is invited to attend. There will be a love offering taken. Please bring a canned good for the needy.

Benji Young to be in services at Shepherd's Fold Sept. 1-4

Evangelist Benji Young will be at the Shepherd's Fold Church of God, September 1-4, 1996. Sunday night services will begin at 6:00 p.m. Weeknight services will begin at 7:00 p.m. Rev. Lamar Dean is pastor.

Old fashioned gospel sing to be held at Pleasant Ridge

There will be an old fashioned fifth Saturday night gospel sing at Old Pleasant Ridge Church. The singing will be August 31, 1996 at 7:30 p.m. For directions call 897-2638.

Alabama Team Penning Association to sponsor fund raising penning.

The Alabama Penning Association is sponsoring a fund raising penning for the Alabama High School Rodeo Association. The penning will take place on November 16, at 1:00 p.m. on Hwy. 52 E., Geneva at The 4 Way Cattle Company. Classes will consist of sorting and open with a 30% pay back. For information call 898-7363.

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Thanks From the Sharpless'

We appreciate your vote of confidence. Your continued input is desired and respected. I am looking forward toward helping the mayor and council move our city forward by making a great community Greater!

Pd Pol Adv by John W. Sharpless, 705 N. Claxton, Elba, AL 36323

Kathy Sharpless named to Interim Admissions at AU

Auburn alumna and former associate director of admissions, Karen Luttrell Sharpless, has been named to interim director of admissions at Auburn University. She is the daughter-in-law of Ralph and Pat Sharpless of Elba, AL. Sharpless, 41, will remain in the position until a permanent director of admissions is named as part of the restructuring of the Enrollment Management Services Division with Student Affairs. Sharpless joined Auburn University in 1981 as an assistant director, working with AU's Summer Orientation Program. She was promoted in 1990 to associate director and in 1992 she assumed responsibility for Auburn's student recruitment effort. A native of Radford, VA, Sharpless earned a bachelor's degree in political science from the Virginia Polytechnic Institute in 1977 and a bachelor's degree in communications at State University in 1978. She earned a master's degree in speech communication from AU in 1981.

LTC English first entered the service in 1972 and served as an enlisted artilleryman with the 2nd Infantry Division in Korea. He returned to college in 1974, and was commissioned upon graduation from Auburn University in 1977 with a degree in criminal justice. His military education includes the U.S. Army Airborne School, Combined Arms Services School, and the Command and General Staff College. Overseas assignments of LTC English include three years in Germany, in Honduras as Provost Marshal of the Joint Task Force, and as the Provost Marshal of Yongsan Area II (Seoul) Korea. Parents of LTC English are LTC (Ret.) Paul L. and Marianne H. English of Tuscaloosa, AL. His grandmother, Aileen Paul English, lives in Elba.

LTC English and his wife, Michelle, have three children: Paul, III (Luke), David, and Anne-Marie. The family lives in Ft. McClelland.

Prayer To St. Jude

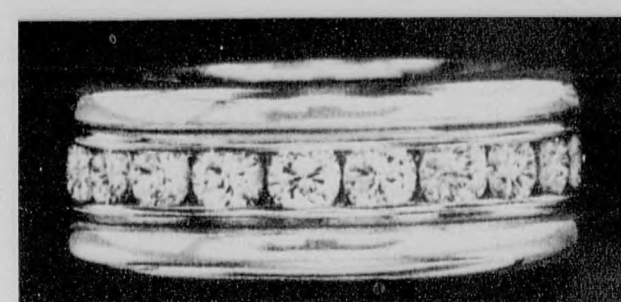
May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus pray for us, St. Jude, Worker of Miracles, pray for us, St. Jude, Help of the Hopeless, pray for us. Say this prayer 9 times; by the 8th day prayer will be answered. Say it for nine days. It has never been known to fail. Publication

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